

NO OUTSIDE FOOD POLICY

My Childcare Academy is a **nut-free center**. We provide care for children who have life-threatening allergies to peanuts, tree nuts, etc. and our priority is safety. Due to this, we ask that families **do not bring outside food into our center**. This includes special treats, breakfast, or an extra snack. Many foods nowadays which do not contain nuts are often processed through machinery that also handles nuts.



WHAT WE PROVIDE

My Childcare Academy serves breakfast (7:30-8:00 AM), morning snack (10:00 AM), lunch (12:00 PM), and an afternoon snack (3:00 PM or on arrival to center after outside school pick-up). The morning snack is not meant to be a replacement for breakfast. Meals are prepared in the school by a trained and state-certified cook. If your child is arriving after 8:00 AM they should not expect to receive breakfast at the center. A menu is posted in the hall as well as in each classroom.

SPECIAL DIETARY NEEDS

Children who require a special diet should speak with management upon enrolling or as soon as the dietary need or allergy surfaces. We will then create accommodations for that child specifically.

SPECIAL OCCASIONS

We recognize that birthdays, holidays, and class celebrations can call for special treats or trinkets to be brought to school in celebration. It is always important to clear any food ideas with your child's teacher. Some examples of acceptable fun goodies may include fruit, fruit juice popsicles, wholegrain individual packaged snacks (goldfish, pretzels)- we would love to hear your ideas too!

I recognize and understand that MCA has a **NO OUTSIDE FOOD POLICY** and will do my part to ensure the safety of all the children at the center.

Parent signature _____ date _____